

# COLLAGENIUS

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## WARNINGS

**Please read this manual carefully, keeping it for future reference.**

- Do not use if you suffer from light sensitivity, photophobia, skin haemorrhages, vitiligo or other severe skin diseases.
- Avoid use while recovering from surgery or wounds.
- Do not use while taking allergy medication.
- Keep out of reach of children.
- Check that all the lights on your mask work before use.
- Only use your Collagenius with the supplied power adaptor.
- Avoid long-term use of the highest setting.
- Regularly clean the inside of your mask using a clean, moist cloth. Only use water to clean your Collagenius.
- Store in a cool, dry place away from dust and water.
- Do not use near water or while bathing.

What's Included with Your Collagenius \_\_\_\_\_



- 1 - Photon beauty mask
- 2 - Control box
- 3 - Mask stand
- 4 - Power adaptor



# COLLAGENIUS

Light Therapy Mask User Manual

## Welcome

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Thank you for choosing Collagenius. This revolutionary skincare device will transform your skin with three different light therapies. It can be used to treat and prevent a variety of skin problems, including:

- Wrinkles and fine lines
- Age spots and other discolouration
- Scars
- Acne and blemishes
- Rosacea
- Sun damage

## Introducing Light Therapy

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LED light therapy, or UV light therapy, is a way of optimising the condition of your skin that is far more effective than creams or lotions as it can penetrate deep into your skin's layers. Each colour of UV light reaches a different layer of the skin, so they can be used for treating different dermatological conditions. For example, blue light therapy helps to reduce acne as it reaches the top layers of skin where excess sebum builds up, while red light treatment is excellent for targeting wrinkles and scarring as it stimulates the collagen producing cells deep within the skin.

Collagen is one of the most important parts of your skin, ensuring that it is firm, supple and fresh looking. As we age the level of collagen produced by the body begins to decrease, causing wrinkles and sagging. Collagen also decreases in response to sun exposure. As well as ageing you, not having enough collagen in your skin can cause problems with healing and make the symptoms of conditions like acne worse. Collagen creams can't penetrate your skin enough to make a real difference, while cosmetic fillers are temporary, painful and expensive. The UV light used by Collagenius reaches deep into the layers of your skin, below the fat and epidermis. It directly stimulates the fibroblast cells that create collagen, greatly increasing your body's natural supply!

Collagenius emits three different colours; red, green or blue. These shades of UV light can treat different conditions as they penetrate to different depths under your skin. This means they can stimulate different types of cells depending on what condition is being treated. Here's a quick introduction to what each light therapy shade can do:

### ● Red Light Therapy

Red light treatment is a fantastic way to prolong the youthfulness of your skin without resorting to drastic measures like injections and surgery. The rays from a red light lamp can reach all the way down beneath your subcutaneous fat to stimulate the fibroblast cells. These cells produce the collagen and elastin that keeps skin firm, smooth and healthy. By using red light therapy on a regular basis you can ensure that your body's store of collagen is always stocked up.

### ● Green Light Therapy

The use of green LED light therapy is fantastic for skin conditions like rosacea and sun damage. One of the more soothing forms of UV light, it reaches a point midway between the red and blue forms that make it excellent as part of a more general skincare routine. Using light therapy for skin is an excellent way to improve your complexion. It works even if you don't have a specific skin condition, as it is so good at smoothing and firming.

### ● Blue Light Therapy

Blue light therapy is able reach the glands in your skin that produce sebum and sweat, reducing and preventing acne. Blue light also has a unique effect on the bacteria that cause acne. When the UV rays from blue light treatment strike these bacteria they are killed instantly, without any harm done to your skin. This is what makes using a blue light for acne so much better than creams and medications. It is far more effective without any of the drying, irritating side effects that other methods can have.

## Choosing the Light Therapy for You

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The unique feature of the Collagenius mask is that it offers three kinds of light therapy in one. This makes it a great option if you have several skin problems that you'd like to treat. Read this guide to find out which colour of light is best for your skin:

### ● Anti-Aging

Choose red light therapy to fight wrinkles and fine lines. It reaches a depth of 10mm into your skin; far enough to stimulate the fibroblast cells and create natural collagen in your body. This will create a natural looking plumping effect that lasts – far better than fillers!

### ● Scars

Red light therapy will also create extra cellular energy in your skin. This accelerates your skin's healing process by increasing circulation and lymph node activity. Your body can then flush out dead and damaged cells more quickly. This is followed by a boost in collagen production that will ensure scarring is minimised. It also reduces the redness of existing scars!

### ● Acne

Blue light therapy has excellent antibacterial properties that will instantly kill the germs that cause acne and blemishes. It is also able to reduce the production of sebum and sweat so greasy skin will be a thing of the past! Blue light will prevent more spots from forming while improving the clarity, texture and smoothness of your skin.

### ● Rosacea

The red, sore skin that's characteristic of rosacea can be difficult to treat. Green light therapy is incredibly soothing and will help to ease any flare ups. It reduces redness, decreases the appearance of blood vessels and soothes itching and burning. No more covering your rosacea in make-up, green light will give you a clear, comfortable complexion.

### ● Sun Damage

Use all three colours of your Collagenius mask to soothe and heal sun damaged skin. By using a combination of red, blue and green light you will help your skin to build new healthy cells. You'll see a reduction in wrinkles and age spots that reverses the damage the sun has done over the years.

## Using Your Collagenius

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- 1** - Wash your face as normal before use, ensuring it is fully dry.
- 2** - Attach the cable from your mask into the USB socket on the control unit.
- 3** - Plug the power cord of your Collagenius into an electrical socket. You will see the 'P' light up.
- 4** - Place the mask on your face, attaching it securely around your head using the strap.
- 5** - Press the power button to switch the mask on.
- 6** - Use the 'M' button to select the type of light therapy you'd like to use. The 'R' 'G' and 'B' lights will light up to indicate which one you have selected; red, green or blue.
- 7** - The 'P' button adjusts how strong your treatment will be. This is displayed on the 'Power' indicator, which will go up by one bar with each press of the button. There are 10 levels of intensity.
- 8** - The 'T' button can be used to set a timer for your treatment. This is shown on the 'Time' indicator. Each light segment represents 5 minutes, with a maximum time of 50 minutes.
- 9** - Sit back and enjoy your treatment! When it has finished, we recommend applying a light moisturiser to make the most of your newly replenished skin.

## Frequently Asked Questions

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### How often should I use Collagenius?

- We recommend that you use your Collagenius mask for 15-20 minutes per day for the first two weeks. As you begin to see results you can reduce this to one or two treatments a week.

### Can I do other things while wearing Collagenius?

- Yes! Feel free to read, watch tv or simply lie back and relax. The luxurious warmth of the lights will help you to unwind while your skin is treated.