

Size:80x110mm (单页)

P2R
BICYCLE HELMET
User Manual



Product Overview

This product is a bicycle helmet designed to help reduce the risk of head injury during cycling. It is intended to provide protective performance in accordance with applicable safety standards and is suitable for daily commuting, recreational riding, road cycling, and similar non-competitive riding activities. For professional or competitive cycling, please select a helmet specifically certified for such use.

Certification Information

CE Certification

This helmet complies with the relevant requirements of the Regulation (EU) 2016/425 (PPE) and EN 1078:2012+A1:2012. The certification marking can be found inside the helmet or on the product packaging.

GB Certification

This helmet complies with the Chinese national standard Bicycle Helmets (GB 24429-2009) and meets the applicable regulatory requirements for sale and use in China.

CPSC Certification

Certain models comply with the U.S. Consumer Product Safety Commission (CPSC) bicycle helmet safety standard (16 CFR Part 1203), including requirements for impact attenuation and retention system strength. Please refer to the product label for information on models certified for sale and use in the United States.

Intended User

Helmet sizing is based on head circumference (refer to the product label for the applicable size range). This helmet is intended for adolescents and adults whose head circumference falls within the specified size range. Children must use helmets specifically designed and certified for children. Adult helmets must not be used as a substitute for children's helmets.

Proper Fit and Wearing Instructions

Correct helmet fit is essential for effective protection. Please read and follow the instructions below carefully before use.

Size Adjustment

Measure Head Circumference. Measure the circumference of the head using a flexible measuring tape, positioning it around the widest part of the head, above the eyebrows and around the back of the head.

Select the Correct Size

Choose a helmet size that corresponds to the measured head circumference. The adjustment system inside the helmet allows fine adjustment (approximately ± 2 cm) to ensure a secure and comfortable fit without excessive pressure.

Wearing Steps

Position the Helmet Correctly. Place the helmet level on the head. The front edge should sit just above the eyebrows, and the helmet should cover the forehead without tilting backward or forward.



It is important that the straps do not cover the ears, that the buckle does not rest on the jaw and that the straps and buckle are adjusted to grip firmly without causing discomfort. The separators should be of equal length on both sides.



Depending on the model of helmet, P2R helmets have two types of securing buckle.



Tightening the rear wheel

All P2P helmet are fitted with a micrometric buckle tightening system to provide maximum precision when adjusting your helmet. For this, simply turn the wheel to adjust the helmet's inside diameter and fit it to your head. The helmet should not move.



SAFETY PRECAUTIONS

This helmet is designed to reduce the risk of head injury but cannot eliminate all risk. Always follow applicable traffic laws and ride responsibly. Inspect the helmet before each use. Do not use the helmet if cracks, dents, damage, broken straps, or loose buckles are found. The helmet should be worn properly and securely fastened at all times while riding. A loosely worn or unfastened helmet cannot provide effective protection. After any impact, even if no visible damage is present, the helmet should be replaced immediately, as the internal energy-absorbing material may be compromised.

Do not modify the helmet in any way, including drilling, cutting, or attaching unauthorized accessories. Do not remove certification marks or warning labels.

This helmet is intended for bicycle riding only. It is not designed for skateboarding, roller skating, motorcycling, or other activities requiring different protective performance.

When used by adolescents, an adult should assist with fitting and regularly check proper adjustment and secure wear. Do not use helmets beyond their service life. The typical service life is 3–5 years from the production date (see product label). Materials may degrade over time and reduce protective performance.

Maintenance

Cleaning

Helmet Shell. Clean with a soft damp cloth. Do not use solvents, alcohol, gasoline, or corrosive cleaning agents. Padding and Chin Strap. Removable padding may be hand-washed in warm water with mild detergent, then rinsed and air-dried. Do not machine wash, tumble dry, or expose to direct sunlight. Ensure the helmet is completely dry before use.



Storage

Store the helmet in a cool, dry, and well-ventilated place. Avoid prolonged exposure to sunlight, heat sources, or enclosed high-temperature environments. Do not compress or stack heavy objects on the helmet. When not in use for extended periods, store the helmet in its original packaging to protect it from dust and moisture.

Replacement Criteria

The helmet should be replaced if any of the following conditions occur: 1. The helmet has sustained an impact or fall, regardless of visible damage; 2. Cracks, dents, or deformation of the shell or internal liner are observed; 3. Damage to the chin strap or buckle prevents proper adjustment or secure fastening; 4. The helmet exceeds its marked service life or has been used for more than 5 years; 5. The helmet has been modified, repaired, or shows signs of material aging, discoloration, or brittleness.

Disclaimer

This helmet is designed to provide protection in accordance with applicable safety standards. Failure to follow the instructions and warnings in this manual may reduce the protective performance of the helmet and increase the risk of injury. Illustrations and descriptions in this manual are provided for guidance only. The manufacturer reserves the right to make improvements or updates that do not affect the safety or intended performance of the product. For questions regarding product use, please contact the seller or manufacturer's customer service. Contact information is provided on the product packaging.

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P2R 中国

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