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how to identify lice



Persistent scalp itching, especially behind the ears and at the hairline.



Small, grayish-white or brown insects (2–3 mm long) crawling on the scalp.



Tiny white or yellowish oval dots stuck to hair shafts, usually close to the scalp.



Red bumps or sores caused by scratching or irritation from bites.

What goes in the hair, we do not share!



OTC products to treat infestations. Use as directed; usually requires a second treatment 7–10 days later.



Use a fine-toothed lice comb on wet, conditioned hair every few days for 2 weeks.



Wash bedding, hats, and clothing in hot water. Dry on high heat. Seal stuffed animals in a plastic bag for 2 weeks.



Vacuum and Clean; Focus on surfaces where the infected person rested their head.

treatment options

Product Name

Type

Highlights

Nit Happens

Diatomaceous Earth

Pesticide-free. Kills lice and eggs by breaking down their exoskeletons.

Nix Ultra

Dimethicone

suffocates lice, but not eggs

Rid

Pyrethrum

Kills lice but not eggs

Licfreee

Natrum muriaticum
(Sodium Chloride)

Kills lice and nits by dehydration

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